

Newington Parish Council

ALLOTMENTS

Small annual rent - 1/2 price for pensioners
Grow your own delicious food
plus the benefit of fresh air & healthy exercise
for all the family

An allotment is a great way to ensure you get a regular supply of fresh fruit and vegetables.

The advantages of having an allotment

1. Exercise
2. You eat more fruit and vegetables.... and they're free of pesticides.
3. Help the environment
4. Saves money
5. Sense of community
6. Routine project work & maintenance



If you are interested.

Please contact us via the Newington web site www.newington.org.uk
or email Eva Goble – Clerk
Email: newingtonparishclerk@gmail.com

